

ABC OF SPIRIT TALK
LIGHT WORKERS OF THE WORLD

Positive and Negative Light Workers Working in Tandem Part 2

© A continuation of articles written by The
Collective Consciousness through the Mediumship
of Carolyn Page - 2020



Become Harmless

JUNE 18, 2020

An excerpt from our previous writing –

"We ask for your understanding and will reveal the next step in our process almost immediately."

And here it is, Dear Ones. We said it would come almost immediately, and we are good to our word.

Our dearest smiles as she types the words she hears; indeed she does. She, our dearest, did not think we would be true to our word. For, Dear Hearts, we do not always give as we say we will; indeed not. And why do we not give as we say we will? This we do, Dear Ones, to keep you on your toes; yes indeed.

However, on this occasion we are true to our word. In this case we shall continue with 'the next step' along the path to Love and Perfection; yes indeed.

We have journeyed far and wide. Have we not? Yes, indeed we have. We have begun the journey with our two Light Workers extraordinaire and will continue this journey with our two chosen. We say 'chosen', Dear Hearts, because they chose to be chosen. Our dearest instigated the plan, and our Dear One Keith agreed to be our dearest's consort upon the journey.

We shall tell you a little about our two. They have journeyed many times together within many fantasies. They will continue to journey together. And why will they continue to journey together? This they will do because of the great camaraderie that exists between them; a camaraderie that had its beginnings in the beginning. That is to say, Dear Ones, they have known each other since the beginning of the chaos, through until the present.

Because of this their trust in the other is paramount. And this trust bolsters their union and the work they have set out to achieve within this fantasy upon Earth. They will be successful because this is as it is planned. Yes, a simple format that will yield the results intended.

And what are the results intended? The results intended are to mark the plan with their experience of becoming Love and Perfection; the state of freedom from fear.

The first, Dear Hearts; they, our dearest Carolyn and her consort, our Dear Heart Keith will be the first couple to exhibit Love and Perfection upon Earth; yes indeed.

We have spoken of ridding one's self of fear. We have spoken of maintaining freedom from fear. And now, Dear Ones, we shall speak about the first of many values we have placed upon The Fantasy for the blossoming of the future of freedom from fear; this we will.

Many will be dismayed by many of the values we have placed upon the new Fantasy. Be that as it may, Dear Hearts, we have need to now place those values within our written documentation.

There will be many who shall enjoy many of the values, and many, who shall rebel, distort, distrust, and be quite annoyed by many of the values.

There is a need to remember that you, Dear One, have agreed to the values. Were it not for your agreement we would not be here with our dearest typing the words to begin the next phase of our journey.

The next phase, Dear Ones, requires your wholehearted attention; indeed it does. It will take your wholehearted attention to the details if success is to be attained. We speak now of the need to no longer cause harm. Yes, indeed this is true.

And of what 'harm' do we speak? All harm, Dear Hearts. Harm to yourself, and others.

The new Fantasy for Earth consists of The Light Workers of the World becoming 'harmless' toward themselves, and others.

Hear what we say, Dear Light Workers of the World. We; you and I and all others must become and remain harmless.

We shall leave this with you to consider, Dear Ones.

Many Blessings to All

Is Causing Harm and Wishing to Harm the Same?

JUNE 19, 2020

A question posed by Charlie of [CharlieCountryBoy](#)

No, Dear Heart, is the succinct answer. We shall explain:

Causing harm is not a conscious thought. That is: We all cause harm in some way to ourselves and to others. This may be intentional; as is the case when wishing harm. Or, Dear Heart; we may cause harm unintentionally to ourselves and to others by our ignorance. Ignorance being a lack of awareness and/or knowledge; you understand.

Therefore, Dear Heart, there is a need to open ourselves to awareness. This is not as simple as it may seem. We may not wish to become cognizant of the pain we ignorantly cause ourselves and others; no indeed. To be aware means to take responsibility for our thoughts and subsequent actions. Does it not? Indeed it does, Dear Heart. Indeed it does.

Therefore, once again, we find ourselves within a quandary; a quandary that requires courage if we are to become 'harmless'.

To speak to the second part of your question, Dear Heart; is wishing to harm the same as causing harm. Yes, Dear Heart, we have reversed your question, so to speak.

The answer lies within the question. Does it not?

Wishing to harm is intentional; yes indeed. However, Dear Heart, we would like to speak upon a value already in existence within The Earth Fantasy, though, one that shall take a firmer hold upon The Fantasy as we move forward.

The value already in existence is: Whatever we wish for another will be true for ourselves. Yes, indeed, Dear Heart, this is a 'double edged sword' we wield.

Whatever our intention is for another will firstly be true for ourselves.

This is not to say that were we to wish for wealth or health for another this will become reality for ourselves. No indeed not, Dear Heart. The same can be said for the scenario of wishing someone to break a leg – becoming reality for us. No, Dear Heart, this too is not the case.

However, and this cannot be emphasised too much. Were we to wish ourselves and others well; this thought, this intention will become a reality for ourselves in the fashion of good feelings.

This cannot be underestimated, Dear Heart. For, good feelings translate into positivity. Positivity translates into healthier cells. Healthier cells translates into backwards aging. Backwards aging translates into joy and camaraderie. And on and on the translating continues, Dear Heart. You get the drift!

Many Blessings, Dear Heart, Many Blessings

Without Good Feelings Comes Aging

JUNE 21, 2020

Where shall we start, dearest? Shall we begin where we left off, so to speak? Yes?

Yes, I believe that would be a great place to start.

Right dearest, we shall. You will remember we were discussing the value of becoming harmless. Yes?

Yes, this we were.

Indeed, dearest. And we reiterated a value currently in existence. Yes?

Yes, I do remember we were discussing this value.

An exceedingly valuable value. Yes?

Yes, I do believe it is an exceedingly valuable value. Yes.

And why do you believe this, dearest?

The value concerned brought with it good feelings, which translates, you were saying, into positivity, which then translates into healthier cells, translating into backwards aging, joy, camaraderie, and on and on; if memory serves me well.

Yes, indeed, dearest; your memory does serve you well. Shall we now document another value inherent within the new Fantasy for Earth?

Yes, I would be totally in agreement with that.

Good, dearest, this is good. We must have a premise from which to begin. Yes?

Yes, a premise is always a fine place to start.

Indeed, dearest; it is an essential in the scheme of things. The premise we shall utilise is the premise that without good feelings comes aging. This has been the premise for The Fantasy until recently. Yes?

Yes, I do believe that has been the case until recently.

And now, dearest?

I have been consciously experiencing backwards aging for the past three years. Within that time I've experienced many changes; all brought about, I believe, by the fundamental change of ridding myself of fear. This has had the effect of replacing negative thought processes with positive thought processes.

A simple equation, dearest. Yes?

Yes, it really has been that simple. Not always easy. In fact, it has required my wholehearted attention to achieve.

And this has been a burden, dearest?

No, absolutely not. Success begets success, so to speak.

And by this you mean?

I mean that with each little success; each fear overcome I have experienced a reward of some kind; usually both in the physical and the mental arenas.

By that you mean?

I have, with each success, gained a greater peace of mind, a greater ability to quiet the mind. I have, as it were, gained command over my thoughts more and more.

And the physical, dearest?

I found this hard to accept, at first. I doubted the changes until they were so evident I could no longer deny them.

Such as, dearest?

I believe I first started to notice my facial skin; it was becoming more youthful with greater elasticity. It also became plumper; even though I was not gaining weight and not applying a cosmetic cream that would cause this to happen. My eyebrows began to move up and outward, plus the ends began to grow hair once again. (The ends had become almost devoid of hair.) All in all I began to appear more youthful.

And your body, dearest. What changes have you noticed?

I began to notice that I was stronger; more capable of dancing, for instance, with greater stamina; I could dance harder and for longer periods. Today, though, I am even more surprised by my strength of body. I am now seventy years of age, but with strength that continues to grow; even with little to no strength training of late I can, when given the go ahead, exceed the number of reps, for instance, on my rowing machine or when doing squats, etc.

When given the 'go ahead', dearest. Can you explain what you mean by this?

I am, as you have said, of one purpose. That is, I know I am here to do as I am doing bringing the new Fantasy into play. As a part of this plan I am strictly advised by you, The C.C. in regard all things. In other words: I am happily

mindful of following my soul's advice and instruction in all matters. This is not always something I embrace, particularly when it comes to movement and exercise. I thoroughly enjoy movement of any kind. However, to prove backwards aging to me I have not always been given the inspiration to exercise. Because of this 'lack of exercise' I cannot deny the strengthening my body has undergone during a period of inertia. Couple this with the aging that would normally be present for a woman of my years I have no option but to accept that backwards aging is indeed a reality for me.

And this will continue for you, dearest; and for all who follow your example.

Many Blessings to All

The Value of Being the Best That One Can Be

JUNE 29, 2020

Have you been physically active of late, dearest? By this we mean: Have you been given the 'go ahead' to be somewhat more physically active? Yes?

Yes, I have been a little more physically active of late. And I have been enjoying myself tremendously.

And, pray tell, dearest, what have you been doing?

I have been dancing.

And what type of dancing have you been engaged in, dearest?

I have been learning the Cha Cha Cha.

Aha, dearest, we do recall suggesting that the Latin style of dance would become that which would be given to you to do. Yes?

Yes, I do remember being advised of that. However, the covid-19 virus has put a stop to our social dancing and our lessons. Before that Keith's knee injury prevented us from practising our ballroom dancing in general.

Indeed so, dearest, we appreciate your tale. It has been some time since you and our Dear Heart Keith stepped upon a dance floor. Yes?

Yes, this is true. We haven't stepped upon a dance floor since last year.

And you are missing this?

Yes, I am missing this; though this past week has been delightful learning the Cha Cha Cha technique.

This does not come easily, dearest?

No, I dare say I'll need to put a lot of work into the practice sessions to attain the degree of satisfaction of doing it well.

You are a perfectionist, dearest?

I hope not, though, I do like to do my best at whatever I attempt to do.

Well said, dearest, well said. It is not perfectionism we seek in our lives. Is this true, dearest?

Yes, I believe it to be true. I know I will not attain perfection of the dance, so to speak. I do, however, seek to know that I have done the best I can.

And why is this, dearest?

There is a sense of order and stability in this type of thinking. On the one hand I enjoy the effort and the results of my work. On the other I know there is a degree or a level of attainment for each of us. This may mean that I may achieve 50% of a known achievable position; whereas my friend's achievable rate may be 90%.

Were I not to have achieved my achievable value due to not putting in the effort required I would certainly feel disappointed in myself.

And can you say, dearest, that you have been disappointed thus far?

No, I cannot say I am disappointed in myself because I, in general, do my best in all things.

This is true, dearest, this is true. And this is a value that all can aspire, dearest; the value of being the best that one can be. Or, achieving the level of attainment chosen as one's known achievable value before entering The Fantasy: A value that once known accommodates all.

Many Blessings, dearest

Many Blessings to All

Desire and Acceptance; the

First Step

AUGUST 11, 2020

"The Value of Being the Best That One Can Be" Dear Hearts, requires many things complimenting each other. One of those things is: Freedom From Fear.

We do not expect you to have complete freedom from fear. No, this, at this moment in time (so-called) is not possible. However, were you to practice having the desire to be free of fear, this is indeed what you shall have.

For this is the beginning of freedom from fear. This is right, Dear Hearts. If it is to be free of fear that you desire, the first step is to muster as much desire as you can. Only then, Dear Heart, will you be successful.

That is right, Dear One. Firstly, you must desire this freedom with all the desire you can muster. We repeat ourselves so that you will begin the process of acceptance; acceptance that only with the greatest desire that you can muster to be free of fear, will you be free of fear.

Step one in the process, Dear Hearts. There are many more.

Many Blessings to All

Patience, Else Frustration

AUGUST 13, 2020

Once we have sufficient desire we shall need to have patience; yes, patience.

Rome was not built in a day, and neither will you be, Dear Brave Heart. By this we mean:

Patience will be the safeguard needed to prevent frustration. Yes, Dear Ones; frustration will be yours over and over again as you fail to be free. Our dearest remembers this well. Do you not, dearest?

Yes, I do remember this well.

Pray tell, dearest.

I remember many emotions in those early days. Frustration was one that topped the list, so called. I tried ever so hard not to fear. But, fear won out more times than it did not.

And what, pray tell, dearest, did you do?

I didn't give up! I kept trying.

What did you do?

I would use little verses, like the one we wrote in our free book - 'In the Beginning' - Remain Calm.

Do remain calm in whatever you do;

A little good can come of the energy it woos.

A little tender loving, a little bit of jest.

It's amazing how it makes everything its best.

We have a little rhyme for you. We hope you listen, dear.

For it shall save you from the rest; you know; grief and fear.

So know that calm will see you through in everything you do.

A blessing; not a curse is what we give to you. ____

This little verse helped me to remain calm when I was filled with horrific fears during a time of illness.

We remember this time, dearest. You were bedridden for some months. Yes?

Yes, I was. The negativity/fear I experienced during that time was almost unbearable. However, I had, during the past many years, garnered sufficient ground in the releasement of many fears to, at least, have those experiences to fall back upon.

They, those years of practicing to overcome fear held you in good stead, dearest?

Yes, indeed they did. And I needed all the bolstering I could get; such were the negatives, the doubts, the worries, the fear associated with my health.

You survived, dearest.

Yes, I did. I survived, and just as you said I would; I exited from that period stronger and more determined.

More determined, dearest?

Yes, more determined to never allow fear to have that command over me ever again.

And have you, dearest?

I believe I have not allowed fear that command.

There is more, dearest?

Yes. I know that during that time I began to have a greater appreciation for the strength of fear.

By that you mean?

I mean I began to truly appreciate that without the will to fight this insidious foe, success cannot be ours.

You are saying, dearest, that desire and acceptance are the first steps to overcoming fear.

Yes, definitely. And then comes the need to maintain this standpoint. In my experience, the moment I determined I was in the fight of my life, the fears that had been hidden began to surface. This is when the greatest work began. It seemed that little fears sprang up all around me in everything I did. I was astounded by the number of fears I had.

This could be a cause for frustration, dearest.

Yes, indeed 'tis true; and was. And this is when patience with myself truly was needed. Without this patience I would have been quite swamped, to be sure.

Many Blessings, Dearest. Many Blessings to All

A Guarantee

AUGUST 15, 2020

Yes, my friends; if we are to 'become harmless' then we must also apply this to ourselves. For, if we fear life we are harming ourselves.

This is true, dearest. Yes indeed; if we have fearful thoughts we are indeed harming ourselves.

"To thine own self be true." (A QUOTE BY WILLIAM SHAKESPEARE. IN ACT 1, SCENE III OF THE FAMOUS PLAY, HAMLET.)

This is a statement that is heard in many arenas. Is it not, dearest?

Yes, it is.

And what do you believe this to mean, dearest?

I can only think upon it in its opposite meaning, so to speak. Were we not being true to ourselves we would be harming ourselves. For, we would not be being honest with ourselves. We would not be doing the right thing by ourselves.

Precisely, dearest, yes; we would not be doing the right thing by ourselves. And would you consider harming yourself to be doing the 'right thing' by yourself?

No, of course not.

And why is this?

It seems so obvious to me that to do the wrong thing by yourself is to harm yourself.

Once again, dearest, this is precisely the point.

Do we wish to harm ourselves, Dear Heart? Or do we wish to do the ‘right thing’?

This question is one that only you can answer, Dear One. No one can answer this question for you. No, this is a certainty. And only you, Dear Heart, can guarantee yourself a pleasant life free of fear.

Yes, this requires an enormous amount of self work; yes indeed. However, with desire, acceptance and patience to guide you, you are assured of a degree of enjoyment that will grow as you wipe away the tears of fear.

Many Blessings

Positive and Negative Light

Workers Working in

Tandem – Constant Change

AUGUST 27, 2020

Our dearest Carolyn has come to accept the inevitable. And what is the inevitable?

The inevitable, of which we speak, is the inevitability that our Dear Heart Keith is different and will continue to be different. This difference has and will continue to take a course unlike her own. Her course, to date, has been one of accepting and overcoming the various challenges as they present; challenges that have, as their basis; fear. Yes, Dear Ones, our dearest relishes in the challenges as they present. However, our Dear Heart Keith does not relish the challenges.

As told in a [previous writing](#), our Dear Heart Keith, although with good intentions, has not been inspired to work upon himself. No, Dear Ones, our Dear Heart Keith is more closely allied to behaving in a fashion that models our dearest. Yes, Dear Ones, this he does.

And this will be the case for most Light Workers of the Negative. They will model the behaviour that most resembles their partner of the Light. This they will do once the Light Worker of the Positive is no longer affected by them. They, the Light Worker of the Negative will acquiesce to the greater maturity of their partner. And this, Dear Ones, they will do with aplomb and grace.

Will they backwards age? Yes, indeed they will; however, not to the extent of the Light Worker of the Positive. No, Dear Ones; and this is causing our dearest some angst. She, our dearest Carolyn, would enjoy our Dear Heart Keith more were he to be backwards aging at the same rate. Alas, this is not to be.

Although our Dear Heart Keith has backwards aged and is capable of a more youthful demeanour he does not wish to appear youthful, as does our dearest. No, Dear Ones, the partner of the Negative will not have the same goals. They, in general, will be content with far less youthfulness on their side.

Not so our dearest. No, Dear Ones; our dearest is happily backwards aging and does not wish to age.

Many Blessings

Positive and Negative Light Workers Working in Tandem – A Vision for the Future

AUGUST 29, 2020

This we have asked of our dearest; to set a vision for the future.

We appreciate that without stepping stones, so to speak, our dearest's view would be limited. We, therefore, need to offer this:

At present, dearest, you have been given the news that our Dear Heart Keith's goals will be different to your own. Yes?

Yes.

Indeed, dearest. And this has come as quite a shock. Has it not?

Yes, indeed, it has quite surprised me.

Albeit true, dearest, that our Dear Heart of the Negative will have differing goals, there are many that shall remain the same. We speak, dearest, of our Dear Heart Keith's goals of living a good life; a life of comfort, so to speak. Yes?

Yes, I do believe he wishes to live a life that encompasses comfort as its basis.

And this will be the case, dearest. However, he shall not enjoy many of the past comforts. No, Dearest, his wishes are changing. He no longer wishes to pursue dance. Yes?

Yes, I believe that to be the case. He shares little in this regard, whereas once this was a constant for him.

Indeed, dearest, yes indeed.

And now?

Now, dearest, his thoughts are more upon the mundane. Yes?

Yes, he seems to be content in his daily habit of morning coffee and reading the newspaper.

Indeed, yes, dearest; this is true for our Dear Heart. And more, dearest; he will be content in the process of making life comfortable for the two; this being his

primary goal. Yes, dearest, his primary goal has always been and will continue to be the gaining of monetary profit to enable comfort to continue. Does this surprise?

No, not really. Keith, first and foremost, has been occupied in the gaining of a particular lifestyle; one that promotes comfort.

Yes, indeed, dearest; and this will continue. It shall expand, dearest, to include a more profitable condition. We shall leave this for now. Yes?

Yes. Thank You.

Many Blessings, Dearest. Many Blessings for All

Positive and Negative Light Workers Working in Tandem – Seeing, But, Not in Entirety

SEPTEMBER 3, 2020

Covid 19 aside, life has been continuing much as it was. Keith continues to work from home, which he has been doing, for the most part, over the past couple of years. And, dancing had been put on the back burner since late 2019, due to Keith's knee injury. Although dance for me still 'lights my fire', for K it is an ever decreasing fire; almost to the state of past embers never to be rekindled.

Because of this love for dance, and the music that accompanies dance, I cannot stop dancing. Ergo, I began learning the Latin rhythms; as you advised would be the case some time past. However, I wasn't to know then that I would be learning alone! This hasn't really concerned me as my love of dance is not dependant upon dancing in public. I gain an enormous amount of pleasure dancing and learning in my own company; so to speak.

Added to this the wonderful exercise form that dancing presents, I am happy in my skin; as it were.

*Armed with the information given during our **last conversation** and not, at this point in time, knowing whether K and I will be enjoying a joint project (such as was dancing) I can only assess a vision for the future based upon our continued love and respect; but, with a more individualistic relationship, though, in union.*

Keith has a hobby based in geology and minerals. This has been one of his loves since childhood and keeps him entertained for many hours during the week. It also keeps him at the computer, for the most part, conversing with like minds and moderating within a website. Although I do not share his enthusiasm I can share the time. We spend many hours, side by side, each engaged within our own creative pursuits.

However, more and more I am appreciating that now that the game of the Positive and Negative Light Workers Working in Tandem has reached the milestone whereby I (the Positive) and Keith (the Negative Light Worker) no longer require the intensity that was our past; there is now space for change to occur. In this is a tremendous amount of freedom.

Because also, during this aspect of the game, I found freedom from fear; there are so many possibilities for the future. Added to this the backwards aging I am experiencing it is difficult to know what opportunities may present; and what I may be capable of achieving.

And this is the point, Dearest. You will not be able to conceive of the future built upon the status of today. Yes?

Yes, precisely. I do appreciate that I have desires that are vastly different to the desires of yesterday. Yesterday, so to speak, I was an aging woman advancing in years and abilities. Today is a vastly different animal.

Yes, indeed, dearest. Yes, indeed. We shall leave this here for now. Yes?

Yes. Thank You.

Many Blessings, Dearest

Positive and Negative Light Workers Working in Tandem – Stalemate

SEPTEMBER 4, 2020

We have spoken in regard to the Light Workers each having **different roles** to play; our Light Workers of the Positive; our dearest Carolyn, and our Dear Heart Veronica. We have also spoken in regard to the role of the Light Worker of the Negative, our Dear Heart Keith. We would like to elucidate upon the role of each, beginning with our Dear Heart Keith.

The role of the Light Worker of the Negative is to act as a catalyst for the Light Worker of the Positive to achieve Love and Perfection. And what is Love and Perfection?

Love and Perfection, Dear Ones, is the ability to forego fear. We say ‘forego’, because, Dear Ones, fear is a choice.

This is a difficult concept for the human brain to come to terms. However, once the game of Love and Perfection begins, the nuances of the game begin to become evident.

Fear is a choice. Hear this well, Dear Ones. Fear is a choice.

Our dearest knows this well; for fear has become a thing of the past for her.

However, Dear Ones, we wish to speak upon the subject of the Light Worker of the Negative; or, the catalyst for change. In particular, we wish to speak upon the Light Worker, Keith. His role, to date, has been to mimic all that is negative.

Indeed, he has been a champion of the negative and has succeeded in his role.

The success of his role is evident within the life of our dearest Carolyn, who continues to live a life free of fear.

With the success of his role to date our Dear Heart Keith is at a loss. He has not been given the inspiration to work upon himself, and will not be given such inspiration. No, Dear Ones, our Dear Heart Keith's mission has been accomplished. We say accomplished because, Dear Ones, he is now languishing in a sense of non productivity. This has the effect of tarnishing him with the brush of sorrow and the sense of worthlessness.

Will our Dear Heart recover from this sea of instability? Yes and no.

He will, in time, adjust to the new; however, his main goal now achieved, there is little that can be done to inspire him.

And this, our dearest feels and observes. This will continue for our dearest, and for all Light Workers of the Positive.

Once the objective of Love and Perfection has been achieved, will come a condition of stalemate between the two. Not the ideal; thinks our dearest.

However, the past short while has proven to our dearest that this position of 'no go' is true and correct.

And what will the outcome of this state of apathy be?

Our dearest has agreed to be the example of the Light Worker of the Positive. In this role she has excelled. Our dearest also knows that living this example will bring all to bear. She is now objective about her role and that of her partner of the negative. As the answers are forthcoming it will be her duty and her honour to write about them.

Many Blessings to All

Positive and Negative Light Workers Working in Tandem – Documentation Complete

SEPTEMBER 15, 2020

We would like to speak of our dearest Carolyn.

Here's has been a lifetime of waiting. And for what has she been waiting?

Our dearest's waiting has been a planned event of waiting for guidance from us, The Collective Consciousness. And this, to date, has proceeded according to the plan as set out.

Yes, indeed, our dearest's work, albeit tiresome at times, has brought much excitement, joy and peace. We envisage the remainder of our dearest's life enjoying the fruits of her labours.

And what is meant by this?

Our dearest's work is now complete. That is: The mission of **documenting** the beginning of the next phase for The Fantasy of Earth has been accomplished.

Our dearest will, from this moment forward, continue to be the example of the new. Yes, indeed, our dearest will be, from this moment forward, the example of Love and Perfection, or Freedom from Fear.

Many Blessings to All

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ABC of Spirit Talk